

## That Good Navy Chow!



## **JAMBALAYA**

First Harry & D. W. R. S.

Yield: Approx. 6 gallons Portion: 1 cup

Ingredients

Ham ends and trimmings, cooked 10 pounds

Celery, diced 2 pounds (approx. ½ gallon) Onions, chopped 1 pound, 8 ounces (approx. ½ cups)

Ham or bacon fat 1 pound (approx. 1 pint)

Rice, uncooked, washed 3 pounds (approx. 1½ quarts)

Tomatoes 12 pounds, 12 ounces (approx. 6½ quarts)

Ham stock (approx. 2 gallons)

Catsup (approx. 1 pint)
Salt 3 ounces (approx. 6 tablespoons)

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Worcestershire sauce (approx. 1 cup)

Cut meat into ½ to ¾-inch cubes.

Fry celery and onions in fat until lightly browned.

Add ham, rice, tomatoes, stock, catsup, salt and Worcestershire sauce. Heat to boiling temperature. Let simmer, stirring frequently until rice is tender and mixture is thick.

Source: The Cookbook of the United States Navy, Revised 1944